

Biography

Blake H. Tearnan, Ph.D. graduated from the University of Georgia's Clinical Psychology Program with a specialization in clinical and medical psychology. He has held positions at the University of Wisconsin, University of Nevada Medical School and the V.A.M.C. in Reno. He also served as Clinical Coordinator at the Sierra Pain Institute and Director of Sonora Pain Center. He is currently a Consultation-Liaison Psychologist to the RMC Rehabilitation Hospital in Reno. In addition, Dr. Tearnan is a founding partner of the Reno Spine Center, President of Behavioral Medicine Associates, Inc., HealthNetSolutions.com and a consultant to various groups including Innovative Health Solutions.

Dr. Tearnan has published widely in the areas of medical rehabilitation, health, pain, and anxiety disorders. He is the author of numerous psychometric instruments on general health, pain, and disability including the *Pain Disability Report*, *Behavioral Assessment of Pain*, and the *Life Assessment Questionnaire*. Dr. Tearnan is also the author of *10 Simple Steps to Managing Chronic Pain* which was published by New Harbinger Publications in the spring of 2007.