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PDR-C Score Report

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PDR-C

Pain Disability Report-Comprehensive

Patient: Andrea Stafford**SSN:** 123-45-6789**Date of Birth:** 11/04/1956**Sex:** female**Date Tested:** 06/11/2003
07/12/2003**Reviewed by:** Blake Tearnan, PhD

The patient was administered the Pain Disability Report-Comprehensive (PDR-C) to comprehensively evaluate his/her level of pain-related disability. Disability refers to changes in a patient's ability to engage in activities and experience a wide range of behaviors, mood states, and thoughts as the result of some physically impairing condition such as persistent pain.

Disability and physical impairment are often weakly associated, especially in patients with chronic conditions. Therefore, a more precise and independent understanding of the patient's level of disability is important.

The PDR-C should be viewed as a component of a comprehensive assessment protocol and cannot be judged definitively. The results of the PDR-C need to be combined with additional data drawn from the clinical interview and other assessment devices.

The PDR-C should be used as an initial screening instrument to assist in treatment planning and to measure treatment progress and outcome.

PDR-C - Pain Disability Report-Comprehensive

by

Blake H. Tearnan, Ph.D.

The Pain Disability Report-Comprehensive (PDR-C) is part of the Pain Assessment Series
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PDR-C EXECUTIVE SUMMARY

Patient: Andrea Stafford
 Social Security: 123-45-6789
 Date of Birth: 04/11/1956
 Gender: female

Scales	Patient's Mean Score (06/11/2003)	Range	Patient's Mean Score (07/12/2003)	Range
Validity Scales I				
Invariability	99.17	High	71.67	Low
Neutrality	0.00	Low	6.67	Low
Opposite Item Reliability	0.00	Low	100.00	High
Similar Item Reliability	100.00	High	92.31	High
Validity Scales II				
Activity Limitation Maximization	92.42	Low	20.57	Low
Pain Disability Maximization	86.31	Low	20.71	Low
Overall Disability Index				
Overall Disability Index	6.04	High	1.45	Low
Activity				
Activity Avoidance	7.00	High	1.75	Low
Decline in General Activity	4.83	Moderate	1.83	Low
Decline in Specific Activities	6.86	High	1.14	Low
Activity Limitation Related to Pain				
Flexibility Limitation	6.60	High	1.30	Low
Heavy Activities Limitation	6.17	High	3.67	Moderate
Light Activities Limitation	6.40	High	0.60	Low
Lower Limb Limitation	6.57	High	1.29	Low
Medium Activities Limitation	6.67	High	1.75	Low
Personal Care Activities Limitation	6.33	High	0.17	Low
Sitting Limitation	6.25	High	1.25	Low
Social/Recreational Activities Limitation	7.00	High	3.50	Moderate
Standing Limitation	7.00	High	3.00	Moderate
Upper Limb Limitation	6.38	High	0.00	Low
Walking Limitation	6.57	High	2.43	Low
Activity Limitation Index	6.47	High	1.44	Low
Social				
Change in Role Status	7.00	High	1.25	Low
Distress in Personal Relationships	6.67	High	2.33	Low
Problems in Social Relationships	4.25	Moderate	1.50	Low
Emotionality				
Negative Mood	6.52	High	1.41	Low
Loss of Vigor	5.00	High	1.33	Low

Pain Expression	6.63	High	1.50	Low
Personal Care				
Loss of Appetite	7.00	High	1.00	Low
Decline in Recreation	4.67	Moderate	1.33	Low
Dissatisfaction with Sex	4.67	Moderate	1.67	Low
Sleep Disturbance	4.75	Moderate	1.50	Low
Unproductive Thinking				
Unproductive Thinking	6.64	High	1.41	Low
Physicality				
Loss of Perceived Strength	4.67	Moderate	1.33	Low
Physical Discomfort	7.00	High	0.75	Low
Average Pain Intensity	10.00	High	3.00	Low
Responsibilities				
Limitations in Carrying Out Personal Responsibilities	3.50	Moderate	1.00	Low
Limitations in Carrying Out Work Responsibilities	3.50	Moderate	2.00	Low

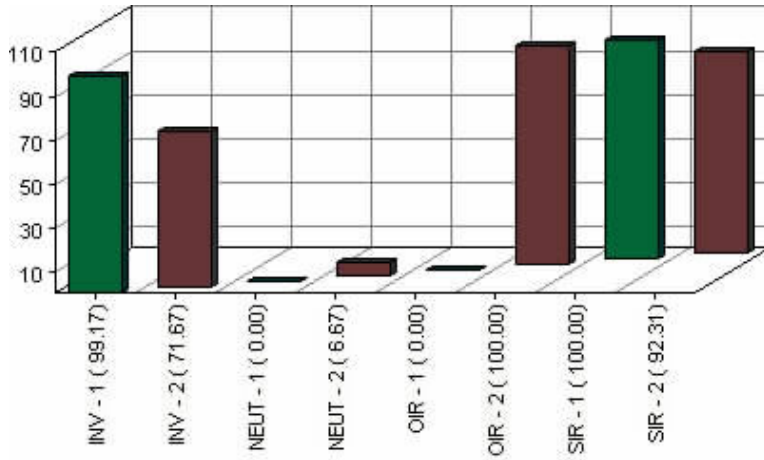
Significant Responses

The following is a list of significant response items the patient answered with a 5, 6 or 7 (or 0, 1, 2 if the item is reversed), the highest possible values on the questionnaire. Activity limitation items for the 50 specific activities on the second half of the PDR-C are not reported since the item values are mentioned later. Significant responses are listed only for the patient's most recent testing.

Scale	Question	Response
Activity Avoidance		
Loss of Appetite		
Change in Role Status		
Decline in General Activity		
4	I rarely lie down during the day	2
Health Care Dependency		
Negative Mood		
Pain Expression		
Loss of Perceived Strength		
Distress in Personal Relationships		
Physical Discomfort		
Decline in Recreation		
Dissatisfaction with Sex		
Sleep Disturbance		
Problems in Social Relationships		
Decline in Specific Activities		
Limitations in Carrying Out Personal Responsibilities		
Unproductive Thinking		
72	I fear if I don't get rid of my pain, I will be unable to do much of anything	5
Loss of Vigor		
Limitations in Carrying Out Work Responsibilities		

**PAIN DISABILITY REPORT-COMPREHENSIVE TEST
VALIDITY SCALES I**

Patient: Andrea Stafford
 Social Security: 123-45-6789
 Date of Birth: 04/11/1956
 Gender: female



Admin 1 (06/11/2003)
 Admin 2 (07/12/2003)

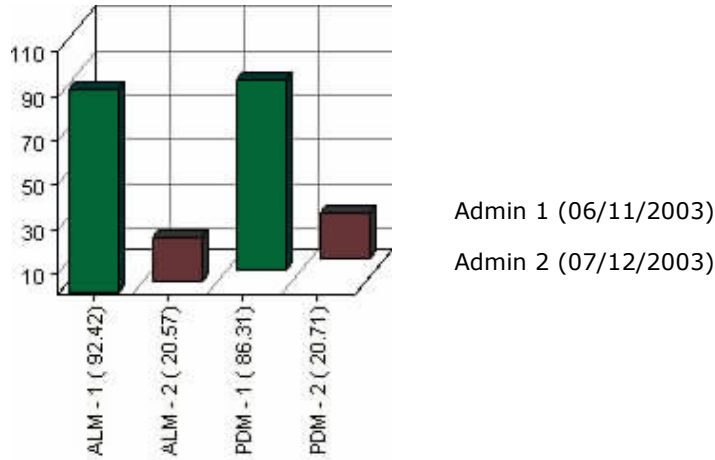
Validity Scales I Interpretation

Invariability (INV)	0 - 100	Scores above 90 on this scale indicate the patient's symptoms varied little in severity. Scores of this magnitude or above are highly unusual and suggest the patient's self-report may not provide clinically significant information and may not accurately reflect his/her true level of pain-related disability.
Neutrality (NEUT)	0 - 100	Scores above 85 on this scale indicate the patient showed a tendency to endorse a high number of neutral responses (3's and 4's). Scores this high or above suggest the patient may have been overly cautious in his/her response or may not have sufficiently understood the item content.
Opposite Item Reliability (OIR)	0 - 100	This scale consists of pairs of items with opposing content. Normal to High values (>60) indicate dissimilar answers were made to items with opposing content (i.e., the patient's responses were consistent).
Similar Item Reliability (SIR)	0 - 100	This scale consists of pairs of items with similar content. Normal to High Scores (>60) indicate that similar answers were made to items with similar content (i.e., the patient's responses were consistent).

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**PAIN DISABILITY REPORT-COMPREHENSIVE TEST
VALIDITY SCALES II**

Patient: Andrea Stafford
 Social Security: 123-45-6789
 Date of Birth: 04/11/1956
 Gender: female



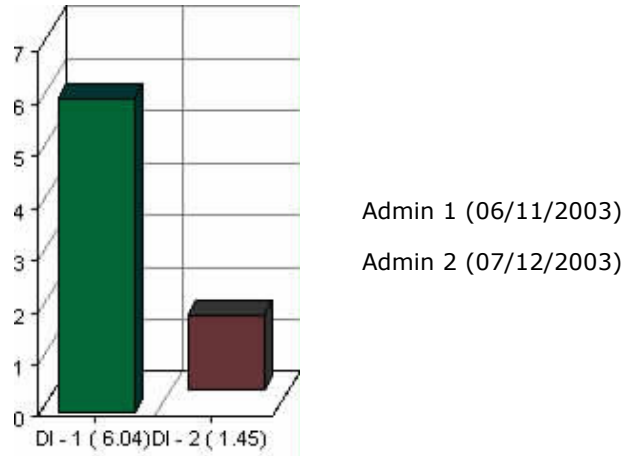
Validity Scales II Interpretation

Activity Limitation Maximization (ALM)	0 - 100	Scores above 95 on this scale suggest that the patient's activity limitation is unusually high. Scores of this magnitude are highly uncommon and suggest the patient may be magnifying his/her activity limitation.
Pain Disability Maximization (PDM)	0 - 100	Scores above 95 on this scale suggest the patient endorsed pain disability symptoms at an unusually high magnitude. High scores on this scale suggest the patient may be magnifying his/her symptoms of pain disability.

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**PAIN DISABILITY REPORT-COMPREHENSIVE TEST
OVERALL DISABILITY INDEX**

Patient: Andrea Stafford
 Social Security: 123-45-6789
 Date of Birth: 04/11/1956
 Gender: female



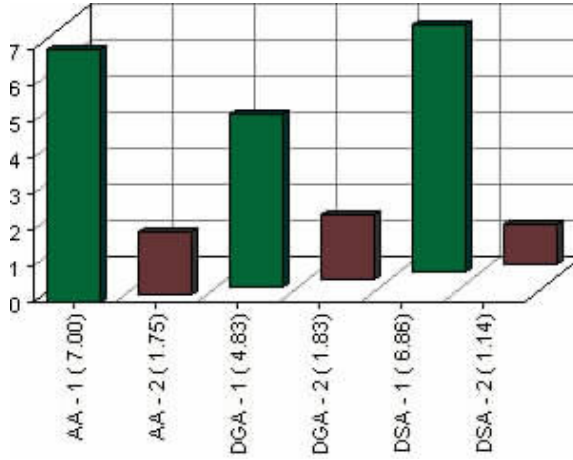
Overall Disability Index Interpretation

Overall Disability Index (DI)	0 - 2.9	The patient is reporting minimal disability related to his/her pain condition.
	3 - 4.9	The patient is reporting moderate levels of disability related to his/her pain condition and may be experiencing difficulty engaging in a variety of social, psychological, and behavioral tasks.
	5 - 7	The patient is reporting severe levels of disability related to his/her pain condition and is likely reporting high activity interference, mood disturbance, inability to take care of daily responsibilities, and use of pain medications.

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**PAIN DISABILITY REPORT-COMPREHENSIVE TEST
ACTIVITY**

Patient: Andrea Stafford
 Social Security: 123-45-6789
 Date of Birth: 04/11/1956
 Gender: female



Admin 1 (06/11/2003)

Admin 2 (07/12/2003)

Activity Interpretation

Activity Avoidance (AA)	0 - 2.9	The patient is reporting no avoidance of activities related to pain, weakness, or fatigue. Avoidance does not simply measure withdrawal from activities. Rather, the construct appears to be influenced by a number of maladaptive beliefs and negative expectations that are acquired over time. Thus, avoidance appears to be determined by the combination of a preference for reduced discomfort, the expectancy or perceived threat that further exposure will promote pain and emotional suffering, and the perceived capacity to cope with the pain/physical discomfort that is produced. This appears to be the case since avoidance is moderately associated with anxiety, expectation of harm, and maladaptive coping styles.
	3 - 4.9	The patient is reporting a moderate amount of avoidance of activities because of pain, weakness, or fatigue.
	5 - 7	The patient is reporting a significant amount of avoidance of activities and is endorsing items such as "I try not to do anything that causes more pain, weakness or fatigue." Expect higher levels of pain suffering, anxiety, and maladaptive coping.
Decline in General Activity (DGA)	0 - 2.9	The General Activity Scale measures how active the patient is in general and is reflected in such statements as "I don't get out of the house very often" and "I'm not very physically active." The patient is reporting minimal general activity limitation.
	3 - 4.9	The patient is reporting moderate general activity limitation
	5 - 7	The patient is reporting severe general activity limitation. Expect higher scores on all other activity scales and greater amounts of mood disturbance, and pain intensity.
Decline in Specific Activities (DSA)	0 - 2.9	The patient is reporting minimal activity limitation. The Specific Activities Scale measures difficulty engaging in specific activities including lifting, walking, standing, sitting, using stairs, combing hair, dressing and traveling in a car.
	3 - 4.9	The patient is reporting moderate activity limitation related to specific activities.

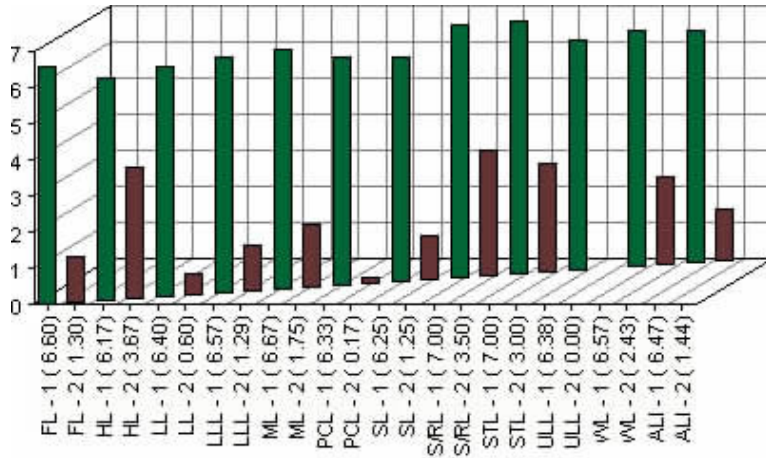
Examine for covarying complaints of pain, weakness and/or fatigue.

- 5 - 7 The patient is reporting severe activity limitation related to specific activities. Look for elevations in pain expression, pain intensity, activity avoidance physical discomfort, and mood disturbance.

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**PAIN DISABILITY REPORT-COMPREHENSIVE TEST
ACTIVITY LIMITATION RELATED TO PAIN**

Patient: Andrea Stafford
 Social Security: 123-45-6789
 Date of Birth: 04/11/1956
 Gender: female



Admin 1 (06/11/2003)

Admin 2 (07/12/2003)

Activity Limitation Related to Pain Interpretation

The Activity Limitation section is concerned with measuring the degree to which pain limits a number of specific activities including: light (LL), medium (LM), heavy (HL), walking (WL), sitting (SL), standing (STL), flexibility (FL), lower limb (LLL), upper limb (ULL), personal care (PCL), and social/recreational (S/RL) activities. The following ranges should be used to interpret all Activity Limitation Scales:

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**PAIN DISABILITY REPORT-COMPREHENSIVE TEST
ACTIVITY LIMITATION: RESPONSES**

Patient: Andrea Stafford
 Social Security: 123-45-6789
 Date of Birth: 04/11/1956
 Gender: female

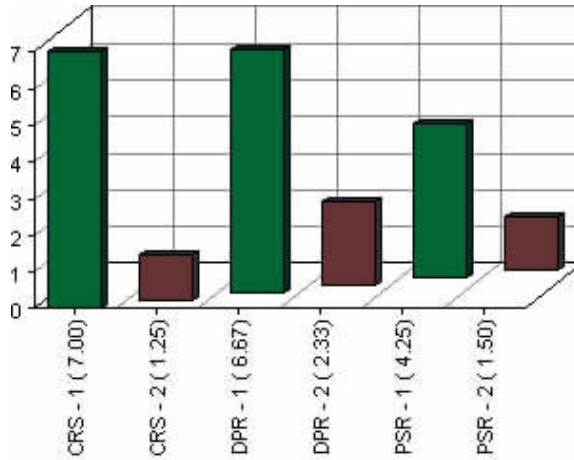
Scale	Question	Admin 1 (06/11/2003)	Admin 2 (07/12/2003)
Heavy Activities Limitation			
	Lifting heavy loads (e.g., heavy suitcase, bag of dog food, or lifting a child into a car seat)	6	3
	Pushing heavy loads (e.g., lawn mower, snow shovel with wet snow, or closing the hood of a car)	6	4
	Pulling heavy loads (e.g., pulling a heavy cart or a small child in a wagon)	6	4
	Carrying heavy loads (e.g., box of books, case of motor oil, or file box of documents)	7	3
	Doing heavy household chores (e.g., moving furniture)	6	4
	Doing yard work (e.g., mowing the lawn or taking a bag of garbage to the curb)	6	4
Light Activities Limitation			
	lifting light loads (e.g., gallon of milk, small bag of groceries, or 12 pack of soda)	6	0
	Pushing light loads (e.g., empty shopping cart or empty wheel barrow)	7	0
	Pulling light loads (e.g., opening curtains, sliding glass door, oven, or shower door)	6	0
	Carrying light loads (e.g., gallon of milk, laundry basket half full, or large box of laundry soap)	6	0
	Doing light household chores (e.g., dusting or doing dishes)	7	3
Medium Activities Limitation			
	Lifting medium loads (e.g., case of soda, kitchen garbage can or large bag of groceries)	7	1
	Pushing medium loads (e.g., vacuum cleaner, snow shovel with light snow, or full shopping cart)	6	2
	Pulling medium loads (e.g., pulling a garden hose across the lawn or tool cart on wheels)		2
	Carrying medium loads (e.g., basket of wet laundry, full trash bag or tool box)	7	2
Sitting Limitation			
	Reading (e.g., newspaper, book, desk top activity, or using a computer)	7	1
	Sitting for 30 minutes	6	2
	Traveling in a car for 30 minutes or more	6	2
	Eating	6	0
Standing Limitation			
	Standing for 30 minutes	7	3
	Running errands (e.g., getting in and out of a vehicle)	7	3
	Doing light household chores (e.g., dusting or doing dishes)	7	3
Walking Limitation			
	Walking for 30 minutes or more	7	2
	Using stairs	6	0
	Running errands (e.g., getting in and out of a vehicle)	7	3
	Doing yard work (e.g., mowing the lawn or taking a bag of garbage to the curb)	6	4
	Recreational activities (e.g., hobbies or going to a movie)	7	4
	Social activities (e.g., visiting friends or dining out)	7	3
	Walking less than 5 minutes	6	1
Flexibility Limitation			
	Getting in awkward positions (e.g., crawling under the sink to inspect for leaks, cleaning behind a toilet, or changing oil in a car)	6	1
	Kneeling	7	1
	Twisting at the waist (e.g., reaching across a counter top)	7	2
	Crouching	7	3
	Bending forward at the waist	7	3
	Turning over in bed	6	0

Reaching above shoulder height	6	0
Turning head from side to side	6	0
Fingering (e.g., turning pages in book or newspaper)	7	0
Sex	7	3
Lower Limb Limitation		
Walking for 30 minutes or more	7	2
Using stairs	6	0
Kneeling	7	1
Crouching	7	3
Jumping	6	2
Standing up from a chair	7	0
Walking less than 5 minutes	6	1
Upper Limb Limitation		
Reaching at shoulder height	6	0
Reaching above shoulder height	6	0
Reaching below shoulder height	6	0
Grasping with the hand (e.g., holding carton of milk)	6	0
Fingering (e.g., turning pages in book or newspaper)	7	0
Personal grooming (e.g., brushing teeth or combing hair)	7	0
Eating	6	0
Dressing and undressing	7	0
Personal Care Activities Limitation		
Bathing	6	1
Personal grooming (e.g., brushing teeth or combing hair)	7	0
Using the bathroom	6	0
Eating	6	0
Sleeping	6	0
Dressing and undressing	7	0
Social/Recreational Activities Limitation		
Recreational activities (e.g., hobbies or going to a movie)	7	4
Social activities (e.g., visiting friends or dining out)	7	3

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**PAIN DISABILITY REPORT-COMPREHENSIVE TEST
SOCIAL**

Patient: Andrea Stafford
 Social Security: 123-45-6789
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 Gender: female



Admin 1 (06/11/2003)

Admin 2 (07/12/2003)

Social Interpretation

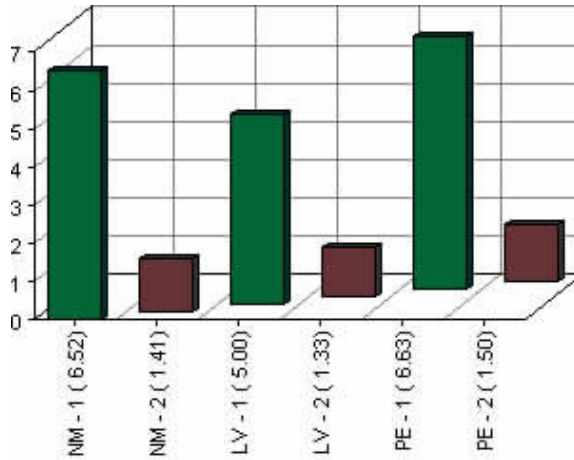
Change in Role Status (CRS)	0 - 2.9	The patient is reporting minimal or no changes in role status
	3 - 4.9	The patient is reporting moderate changes in role status
	5 - 7	The patient is reporting significant changes in role status such as not being able to meet his/her obligations as a friend, parent, spouse, husband, and provider.
Distress in Personal Relationships (DPR)	0 - 2.9	The patient is reporting minimal or no changes in personal relationships. Higher levels of marital/relationship satisfaction are associated with spousal reinforcement of pain behavior and discouragement of wellness activities. Chronic pain patients, in general, report more satisfaction with their relationships when their spouses/partners reinforce and validate their pain experience.
	3 - 4.9	The patient is reporting moderate changes in personal relationship, such as increased marital strain.
	5 - 7	The patient is reporting significant changes in personal relationships, including increased relationship strain and dissatisfaction. Marital dissatisfaction is associated with spousal criticism of pain behavior and disability within the chronic pain population. The presence of spousal/partner punishment of pain behavior is moderately associated with activity interference, depression, anxiety, maladaptive beliefs about pain, and higher levels of pain suffering.
Problems in Social Relationships (PSR)	0 - 2.9	The patient is reporting minimal or no change in social relationships such as avoidance of others and a desire to be alone.
	3 - 4.9	The patient is reporting moderate changes in social relationships. Look for a decrease in social activities. Pain, fatigue and weakness may be interfering with the ability to socialize.
	5 - 7	The patient is reporting significant changes in social relations and most likely prefers

to be alone, is not as affectionate, and socializes less often. Examine for symptoms of depression and anxiety and a decrease in other activities.

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**PAIN DISABILITY REPORT-COMPREHENSIVE TEST
EMOTIONALITY**

Patient: Andrea Stafford
 Social Security: 123-45-6789
 Date of Birth: 04/11/1956
 Gender: female



Admin 1 (06/11/2003)

Admin 2 (07/12/2003)

Emotionality Interpretation

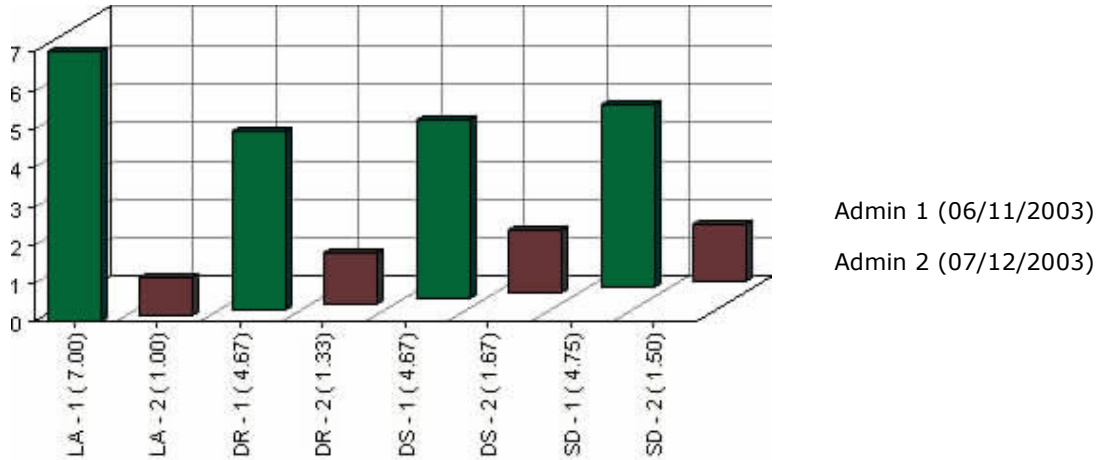
Negative Mood (NM)	0 - 2.9	The patient is reporting minimal or no symptoms of mood disturbance
	3 - 4.9	Moderate mood disturbance is present. The patient may be reporting several symptoms of depression and anxiety such as sadness, feelings of stress, and irritability. Look for disturbances across cognitive, behavioral and physiologic parameters. Cognitive factors should be emphasized (e.g., beliefs of hopelessness) when examining mood disturbance since most medical patients, depressed or not, complain of physiologic disturbance. However, look for symptoms of muscle discomfort (e.g., tight, sore, stiff and aching) since these have been shown to be moderately correlated with generalized mood disturbance, especially within the chronic pain population.
	5 - 7	Significant mood disturbance is noted. The patient is likely reporting numerous symptoms of depression and anxiety. The patient may show evidence for nonorganic symptoms (i.e., nonanatomical signs) and express a great deal of pain and illness behavior. Additionally, the patient may be confounding emotional distress for pain, report fears of pain, and demonstrate increased pain sensitivity and greater levels of overall disability. The patient may also be using narcotics or other substances to manage emotional distress and pain medication is unlikely to be effective by itself in relieving pain symptoms.
Loss of Vigor (LV)	0 - 2.9	The patient is reporting no problems in vigor or energy level.
	3 - 4.9	The patient is reporting moderate problems in vigor or energy level, such as feeling less energetic. A host of factors can affect energy including negative mood, physical deconditioning, and medication.
	5 - 7	The patient is reporting significant problems in vigor or energy level such as feeling less energetic and run down. Look for symptoms of depression, sleep disturbance, and use of sedating medications (e.g., opioids, tranquilizers, neuroleptics and tricyclics).

Pain Expression (PE)	0 - 2.9	The patient is reporting minimal to no pain behavior
	3 - 4.9	The patient is reporting moderate pain behavior such as "I walk in a way that others notice I am in pain" and "I cry when I hurt."
	5 - 7	The patient is reporting a great deal of pain behavior. Levels this high are generally associated with increased mood disturbance and a higher likelihood of contingent social reinforcement from significant others, including health care providers.

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**PAIN DISABILITY REPORT-COMPREHENSIVE TEST
PERSONAL CARE**

Patient: Andrea Stafford
 Social Security: 123-45-6789
 Date of Birth: 04/11/1956
 Gender: female



Personal Care Interpretation

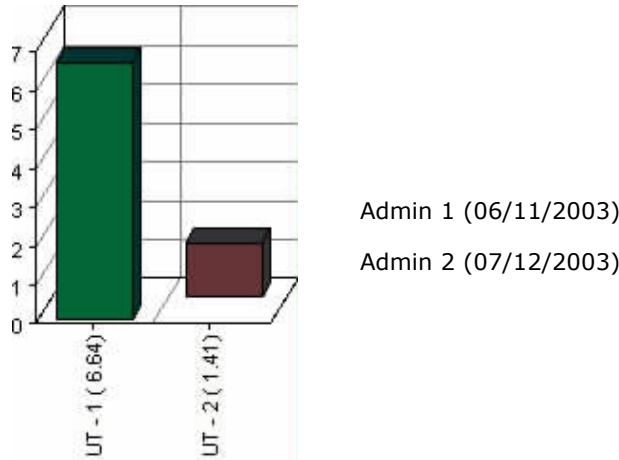
Loss of Appetite (LA)	0 - 2.9	The patient is reporting minimal or no problems in appetite
	3 - 4.9	The patient is reporting moderate problems in appetite
	5 - 7	The patient is reporting significant problems in appetite. Look for elevations in mood disturbance.
Decline in Recreation (DR)	0 - 2.9	The patient is reporting minimal activity limitation. The Recreation Scale measures frequency of engaging in recreational activities such as "I'm doing as many fun things."
	3 - 4.9	The patient is reporting moderate activity limitation related to recreational activities. Look for a reduction in other activities, especially pleasant activities, and mood disturbance.
	5 - 7	The patient is reporting severe activity limitation related to recreational activities. The high limitation in recreational activities is likely associated with a reduction in other activities, loss of enjoyment for engaging in activities and reports of depression.
Dissatisfaction with Sex (DS)	0 - 2.9	The patient is reporting minimal or no changes in sexual satisfaction
	3 - 4.9	The patient is reporting moderate problems in sexual satisfaction. Pain, fatigue and/or decline in sexual interest related to negative mood may be responsible for the difficulties reported.
	5 - 7	The patient is reporting significant problems in sexual satisfaction such as "My sex life is unsatisfying." Look for problems related to physical discomfort, stress or other affective upheaval, marital distress, and use of opioids.
Sleep Disturbance (SD)	0 - 2.9	The patient is reporting minimal or no changes in sleep.

- 3 - 4.9 The patient is reporting moderate sleep disturbance. Sleep problems can be related to a number of factors including pain, general physical discomfort, poor sleep habits, use of ETOH or other sleep disrupting drugs, and mood disturbance, especially agitated depression and anxiety.
- 5 - 7 The patient is reporting significant sleep disturbance. Examine all of the factors important in sleep disruption. Although the patient may only complain of pain or physical discomfort related to poor sleep, medications, mood and sleep habits may also play an important role. Consider low-dose tricyclic antidepressants if not medically contraindicated.

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**PAIN DISABILITY REPORT-COMPREHENSIVE TEST
UNPRODUCTIVE THINKING**

Patient: Andrea Stafford
 Social Security: 123-45-6789
 Date of Birth: 04/11/1956
 Gender: female



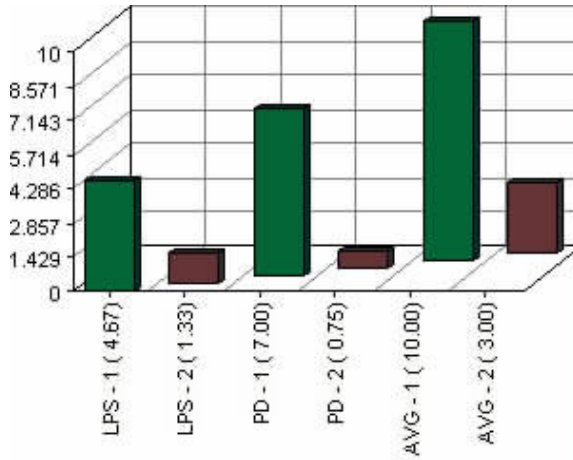
Unproductive Thinking Interpretation

Unproductive Thinking (UT)	0 - 2.9	The patient is reporting few if any unproductive beliefs related to his/her medical problems. Disability levels are likely to be low.
	3 - 4.9	The patient is reporting some unproductive beliefs related to his/her medical problems such as "I sometimes think my physical problems are more than I can handle." Negative belief patterns are associated with higher levels of disability, poor coping styles, and mood disturbance.
	5 - 7	The patient is reporting a significant number of unproductive beliefs related to his/her medical problems such as "I worry much more about my health" and "I tend to think about bad things that might happen to me more often." Expect elevations in reports of emotional distress, activity limitation, activity avoidance and overall disability.

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**PAIN DISABILITY REPORT-COMPREHENSIVE TEST
PHYSICALITY**

Patient: Andrea Stafford
 Social Security: 123-45-6789
 Date of Birth: 04/11/1956
 Gender: female



Admin 1 (06/11/2003)

Admin 2 (07/12/2003)

Physicality Interpretation

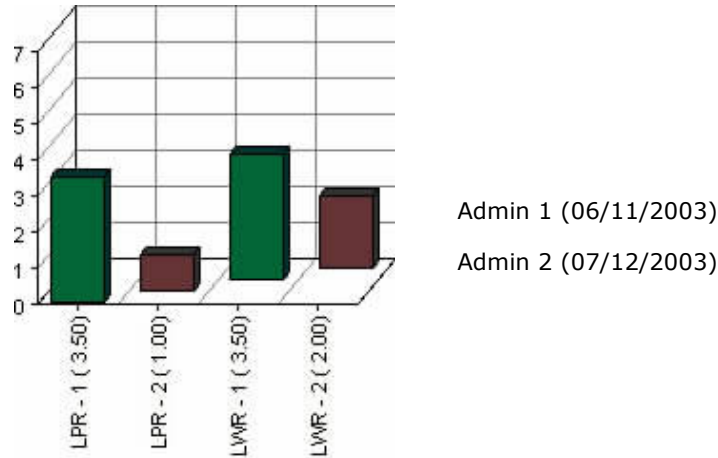
Loss of Perceived Strength (LPS) 0 - 2.9	0 - 2.9	The patient's perceived strength is unchanged
	3 - 4.9	The patient is reporting moderate changes in perceived strength and may be feeling physically run down and weak.
	5 - 7	The patient is reporting severe changes in perceived strength such as "I have lost physical strength." The patient is likely reporting symptoms of fatigue, weakness, loss of strength, low confidence for completing certain tasks, and symptoms of general malaise.
Physical Discomfort (PD)	0 - 2.9	The patient is reporting minimal to no physical discomfort associated with his/her medical condition.
	3 - 4.9	The patient is reporting moderate levels of physical discomfort. Patients reporting this level of physical discomfort may be taking pain medication daily or spending a portion of their day trying to relieve themselves of their discomfort.
	5 - 7	The patient is reporting severe levels of physical discomfort. Patients reporting this level of physical discomfort are preoccupied with their pain and are likely spending much of their day doing things to help themselves feel more comfortable.
Average Pain Intensity (AVG)	0 - 3	The patient is reporting minimal levels of average pain intensity. Patients reporting this level of pain intensity tend not to report a significant degree of activity limitation related to pain.
	4 - 6	The patient is reporting moderate levels of average pain intensity. Patients reporting this level of pain intensity may experience episodes of activity limitation related to pain.
	7 - 10	The patient is reporting severe levels of average pain intensity. Patients reporting this level of pain intensity tend to experience significant levels of activity limitation related

to pain, use greater amounts of analgesic medication, and report higher levels of overall disability related to their pain.

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PAIN DISABILITY REPORT-COMPREHENSIVE TEST RESPONSIBILITIES

Patient: Andrea Stafford
 Social Security: 123-45-6789
 Date of Birth: 04/11/1956
 Gender: female



Responsibilities Interpretation

Limitations in Carrying Out Personal Responsibilities (LPR)	0 - 2.9	The patient is reporting minimal activity limitation. The Personal Responsibility Scale measures the ability to carry out day-to-day responsibilities at home such as doing the chores and managing home-related financial responsibilities.
	3 - 4.9	The patient is reporting moderate activity limitation related to carrying out day-to-day responsibilities at home. Look for a decrease in other activities.
	5 - 7	The patient is reporting severe activity limitation related to carrying out day-to-day responsibilities at home. Expect a decrease in most activities and heightened symptoms of mood disturbance and complaints of pain.
Limitations in Carrying Out Work Responsibilities (LWR)	0 - 2.9	The patient is reporting minimal activity limitation. The Work Scale measures perceived ability to work such as "I can work productively" and "I find it difficult working."
	3 - 4.9	The patient is reporting moderate activity limitation related to engaging in work related activities such as "I'm not able to work." Look for concomitant decreases in other activities.
	5 - 7	The patient is reporting severe activity limitation related to performing work activities. Examine for changes in other activities, work-related stress, heightened pain complaints and mood disturbance.

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