

CURRICULUM VITA

Blake H. Tearnan, Ph.D.
Renown Rehabilitation Hospital
555 Gould Street
&
6490 S. McCarran Blvd., Bldg. D 1, Ste 28
Reno, Nevada 89509

Behavioral Medicine Associates, Inc.
www.healthnetsolutions.com
email: hns@charter.net

PERSONAL DATA

Birthdate: 12-20-51
Birthplace: Denver, Colorado
High School: Whittier High, Whittier, California

EDUCATIONAL DATA

B.S., University of Houston, 1975
Major: Psychology
M.A., University of the Pacific, 1978
Major: Psychology
Ph.D., University of Georgia, 1982
Major: Clinical Psychology

ACADEMIC HONORS

1. Magna Cum Laude, University of Houston
2. Phi Kappa Phi
3. Lauri T. Callicutt Scholarship for the outstanding undergraduate research proposal

PROFESSIONAL SOCIETIES

1. American Academy of Pain Management
2. American Psychological Association
3. Nevada Psychological Association

PROFESSIONAL SOCIETY AWARDS

1. “Continuing Education Excellence Award”
American Academy of Pain Management, September, 1996, 1998, 1999, 2001, 2002,
2003, 2004, 2005, 2006, 2007

LICENSES, CERTIFICATION

Wisconsin License	1984-1986
Nevada License	1986 - present
California License	1990 – present

PROFESSIONAL EXPERIENCE

<u>January 1974 to July 1975:</u>	Adolescent Counselor Family Connection, Inc. Houston, Texas
<u>July 1975 to January 1976:</u>	Psychiatric Technician Texas Research Institute for Mental Sciences (TRIMS) Houston, Texas
<u>November 1975 to August 1976:</u>	Data Coordinator The Diet Modification Clinic Baylor College of Medicine Houston, Texas
<u>January 1977 to June 1977:</u>	Behavior Therapist Stockton State Hospital Stockton, California
<u>July 1977 to August 1977:</u>	Adolescent Counselor Stockton Children's Home Stockton, California
<u>August 1977 to November 1977:</u>	House Parent/Counselor Stockton Children's Home Stockton, California
<u>June 1978 to August 1978:</u>	Program Coordinator

Behavior Therapy Unit

August 1978 to June 1979:

Stockton State Hospital
Stockton, California
Clinic Assistant
University of Georgia Psychology Clinic
Athens, Georgia

June 1979 to October 1979:

Clinic Therapist
University of Georgia Psychology Clinic
Athens, Georgia

October 1979 to August 1980:

Graduate Teaching Assistant
University of Georgia
Athens, Georgia

October 1980 to August 1981:

Clinical Psychology Internship
UNR Medical School and VA
Reno, Nevada

August 1981 to August 1982:

Graduate Teaching Assistant
University of Georgia
Athens, Georgia

October 1982 to October 1983:

Staff Psychologist
Biofeedback Institute
San Francisco, California

October 1983 to Sept 1985:

Academic Staff Psychologist
Department of Neurology
UW Medical School
University of Wisconsin, Madison

October 1983 to Sept 1985:

Consultant to Pain Clinic
UW Hospitals
Madison, Wisconsin

March 1984 to September 1985:

Private Practice
Capital Square Associates
Madison, Wisconsin

September 1985 to 1987:

Coordinator Consultation-Liaison Service

	V.A. Medical Center and UNR Medical School Reno, Nevada
<u>September 1985 to 1987:</u>	Assistant Professor of Psychiatry UNR Medical School Reno, Nevada
<u>September 1985 to present:</u>	Private Practice Reno, Nevada
<u>October 1987 to July 1992:</u>	Coordinator of Clinical Services and Director of Behavioral Medicine Sierra Pain and Occupational Rehabilitation Center Reno, Nevada
<u>September 1988 to present:</u>	Adjunct Professor Department of Psychology University of Nevada, Reno Reno, Nevada
<u>June 1992 to March 2000:</u>	President Pendrake, Inc., Publishing Company
<u>July 1992 to July 1993:</u>	Consulting Psychologist Behavioral Medicine Department Health-Plex Reno, Nevada
<u>September 1993 to present:</u>	Director of Behavioral Medicine Functional Restoration Program Washoe Medical Center-Rehabilitation Hospital
<u>October 1997 to present:</u>	Partner and Director of Behavioral Medicine Reno Spine Center Reno, NV
<u>November 2005 to present:</u>	Partner and Director Southern Nevada FRP Las Vegas, Nevada
<u>March 2000 to present:</u>	President HealthNetSolutions.com, Inc.

TEACHING EXPERIENCE

- Fall 1974: Instructor for course entitled "Marital Interaction Coding System", University of Houston
- Fall 1976: Graduate teaching assistant for undergraduate course entitled "Introductory Psychology", University of the Pacific
- Spring 1977: Graduate teaching assistant for undergraduate course entitled "Behavior Change I", University of the Pacific
- Fall 1977: Graduate teaching assistant for undergraduate course entitled "Learning Theory", University of the Pacific
- Fall 1977: Instructor for course entitled "Behavioral Approaches to Marital Therapy", University of the Pacific
- Fall 1979: Instructor for course entitled "Psychology of Adjustment", University of Georgia
- Fall 1982: Instructor for course entitled "Biofeedback: Instrumentation and Clinical Application", Professional School of Humanistic Studies, San Francisco
- Fall 1989: Instructor of course entitled "Management of Chronic Pain", National Judicial College, University of Nevada, Reno

EDITORIAL ACTIVITIES

Journal of Behavioral Assessment and Psychopathology

Guest Reviewer: 1979, 1980, 1981, 1986, 1989

Phobia Practice and Research Journal

Editorial Board: 1987 to 1991

Pain Management

Editorial Board: 1987 to 1992

American Journal of Pain Management

Guest Reviewer: 1992 to present

PUBLICATIONS

Tearnan, B.H., and Telch, M.J. Phobic Disorders. In H.E. Adams and P.A. Sutker (Eds.) Comprehensive Handbook of Psychopathology. New York: Plenum Publishing Co. 1984.

Gipson, M., Cohen, E., Williamson, P., Boggs, S., Tearnan, B.H., Community Living Skills Scale. The State of California: Community Re-Entry Project, Stockton, California, 1977.

Tearnan, B.H., Lahey, B.B., Thompson, J.K., Hammer, D. The effects of covert modeling plus self-instructions in specific fear reduction. Cognitive Therapy and Research, 1982, 6(2), 185-190.

Tearnan, B.H., and Graziano, W.G. Covert modeling and children's fears:" A methodological critique of Chertok and Bornstein. Child Behavior Therapy. 1980, 2(3), 73-77.

Thompson, J.K., Haber, J., Tearnan, B.H. Generalization of frontalis electromyographic feedback to adjacent muscle groups: A critical review. Psychosomatic Medicine, 1981, 43(1).

Tearnan, B.H., and Lutzker, J.R. A contracting "package" in the treatment of marital problems: A case study. American Journal of Family Therapy, 1980, 8(1), 24-31.

Tearnan, B.H. Review: Research Design in Clinical Psychology by A.E. Kazdin. In Journal of Behavioral Assessment, 1981, 3 (1), 83-84.

Telch, M.J., Tearnan, B.H., and Taylor, C. Barr. Antidepressant medication in the treatment of agoraphobia: A critical review. Behaviour Research and Therapy, 1983, 21(5), 505-517.

Tearnan, B.H., Telch, M.J. Etiology and onset of agoraphobia. Comprehensive Psychiatry, 1984, (25)1, 51-62.

- Antonuccio, D., Akins, W.T., Chatham, P.M., Monagin, J., Tearnan, B.H., Ziegler, B. An exploratory study: The psychoeducational group treatment of drug-refractory unipolar depression. Journal of Behavior Therapy and Experimental Psychiatry, 1984, 15, 309-313.
- Tearnan, B.H., Goetsch, V., Adams, H.E. Modification of disease phobia using a multifaceted exposure program: A case study. Journal of Behavior Therapy and Experimental Psychiatry, 1985, 16, 57-61.
- Cleeland, C.S., Tearnan, B.H. Pain and Cancer: The use of Psychological Techniques. In A.D. Holzman and D.C. Turk (Eds.). Pain Management: A Handbook of Treatment Approaches. Pergamon, 1987.
- Tearnan, B.H., and Dar, R. Physician ratings of pain descriptors. Pain, 1986, 26, 45-51.
- Tearnan, B.H., Review: Behavioral Theories and Treatment Anxiety by S. Turner. In Journal of Behavioral Assessment and Psychopathology. 1986.
- Tearnan, B.H., Cleeland, C.S. attitudes of physicians toward chronic pain patients. Pain Management, 1988, 1, 180-184.
- Antonuccio, D.O., Ward, C.H., Tearnan, B.H. Behavioral Treatment of unipolar depression in adult outpatients. In M. Herson, R.M. Eisler, and P.M. Miller (Eds.). Progress in Behavior Modification, New Burg Park, CA. Sage Publication, 1989, 24, 152-191.
- Antonuccio, D., Ward, C.N., Tearnan, B.H. Cognitive-Behavior therapy vs drugs for depression, Psychotropics, 1988, 8 (1), 1-2.
- Tearnan, B.H., Telch, M.J. The etiology of agoraphobia: An investigation of perceived childhood and parental factors. Phobia Practice and Research Journal, 1988, 1 (1), 13-24.
- Tearnan, B.H., Cleeland, C.S. "The Unaided Use of Pain Descriptors by Patients with Cancer Pain" Journal of Pain and Symptom Management, 1993.
- Tearnan, B.H., Lewandowski, M.J. National Pain Data Bank Treatment Booklet. American Academy of Pain Management, Modesto, CA, 1993.
- Lewandowski, M.J., Tearnan, B.H. National Pain Data Bank Follow Up Booklet. American Academy of Pain Management, Modesto, CA, 1993.
- Tearnan, B.H., Ward, C. The psychological assessment of cancer pain. In D.C. Turk and C.S. Feldman (Eds.). Control of Cancer Pain: Noninvasive Approaches, 1994.

Tearman, B.H., Ward, C.H. The psychological management of malignant pain. In D. Tollison (Ed). Handbook of Chronic Pain Management, Second Edition. Williams and Wilkins, 1994.

Tearman, B.H., Ward, C.H. Assessment of the terminally ill patient with pain: the example of cancer. Hospice Journal, 1992, 8 (1-2), 49-71.

Tearman, B.H. & Lewandowski, M.J. The Behavioral Assessment of Pain Questionnaire: The Development and Validation of a Comprehensive Self-Report Instrument. American Journal of Pain Management, 1992, 2 (4), 181-191

Tearman, B.H. A discussion of Morgan Sammons, "A Case for Prescription Privileges." In S. Hayes (Ed). Prescription Privileges, Context, 2001.

Tearman, B.H. Pain, disease and suicide. In R. Weiner (Ed.). 6th Edition Pain Management: A Practical Guide for Clinicians, 2002.

Tearman, B.H. Pain, disease and suicide. The Pain Practitioner, 2001, 11 (2), 6-8.

Tearman, B.H. Detection of deception and malingering. The Pain Practitioner, 2003, 13 (1), 8-14.

Tearman, B.H. 10 Simple Steps to Managing Your Pain. New Harbinger Publications, 2007.

PRESENTATIONS

Tearman, B.H., Thorsteinson, T., A program to teach grooming skills to developmentally disabled children. Presented at the California Behavior Analysis Conference, Stockton, California, March, 1977.

Tearman, B.H., Community Living Skills Scale. Presented at the California Behavior Analysis Conference, Stockton, California, March, 1977.

Tearman, B.H., Thompson, K.J., Hammer, D., The role of covert modeling in fear reduction. Presented at the Association for the Advancement of Behavior Therapy, San Francisco, 1979.

Tearman, B.H., Lutzker, J.R. A multiple baseline analysis of quid pro quo contracting in a couple with marital distress. Presented at the Association for the advancement of Behavior Therapy as part of a symposium on Deviant Family Systems, San Francisco, 1979.

Tearnan, B.H., Lahey, B.B., Thompson, J.K., Hammer, D. The effects of covert modeling plus self-instructions in specific fear reduction. Presented at the South Eastern Psychological Association Convention, Washington, D.C., March, 1980.

Tearnan, B.H., Adams, H.E., Thompson, J.K., Maletesa, V. The treatment of tinnitus aurium: a case study. Presented at the South Eastern Psychological Association Conventions, Los Angeles, 1984.

Tearnan, B.H., Cleeland, C.S. The use of pain adjectives by patients with cancer. Presented at the Society of Behavioral Medicine Convention, New Orleans, March, 1985.

Dar, R., Tearnan, B.H. Physicians' ratings of pain descriptors for different pain syndromes. Presented at the American Pain Society Annual Meeting, Dallas, Texas, 1985.

Cleeland, C.S., Tearnan, B.H., Dar, R. Location of cancer pain: Correlates of patient drawings. Presented at the American Pain Society Annual Meeting, Dallas, Texas, 1985.

Tearnan, B.H., Dar, R., Cleeland, C.S. Location of chronic pain: Correlates of patient drawings. Presented at the American Pain Society Annual Meeting, Dallas, Texas, 1985.

Tearnan, B.H. The psychological treatment of cancer pain. Presented at the American Pain Society Conference as part of a symposium on the psychological treatment of cancer pain, Dallas, Texas, 1985.

Tearnan, B.H., Cleeland, C.S. Physicians' attitudes regarding chronic pain patients. Presented at the Society of Behavioral Medicine Convention, San Francisco, 1986.

Tearnan, B.H., Lewandowski, M. The Behavioral Assessment of Pain. Presented at the Association for the Advancement of Behavior Therapy, Washington, D.C., 1989.

Tearnan, B.H., Lewandowski, M.J. The Behavioral Assessment of Pain Questionnaire (BAP). Presented at the Twelfth Annual Society of Behavioral Medicine Convention, Washington, D.C., 1991.

Tearnan, B.H., Lewandowski, M.J. The Pain Acceptance Scale. Presented at the American Academy of Pain Management, Knoxville, Tennessee, 1993.

Lewandowski, M.J., Tearnan, B.H. The Perceived Consequences Scale. Presented at the American Academy of Pain Management, Knoxville, Tennessee, 1993.

Tearnan, B.H., Lewandowski, M.J. The Development of a New Instrument for Assessing Deception in Patients Complaining of Persistent Pain, Presented at the Annual Pain Innovation Conference, Banff, Alberta Canada 1996.

Lewandowski, M.J., Tearnan, B.H. The Use of Biofeedback Techniques in the Treatment of Chronic Pain. Presented at the Annual American Academy of Pain Management Conference, Las Vegas, Nevada 1997.

Tearnan, B.H. The Detection of Malingering. Presented at the Annual American Academy of Pain Management Conference, Atlanta, Georgia 1998.

Tearnan, B.H. Deception Analysis. Presented at the Annual American Academy of Pain Management Conference, Las Vegas, Nevada 1999.

Tearnan, B.H. Pain, Disease, and Suicide. Presented at the Annual American Academy of Pain Management Conference, Las Vegas, Nevada 2000.

Tearnan, B.H. The Detection of Malingering and Secondary Gain Issues. Presented at the Annual American Academy of Pain Management Conference, Reno, Nevada 2002.

Tearnan, B.H. The Detection of Malingering. Presented at the Annual American Academy of Pain Management Conference, San Diego, California, 2005.

Tearnan, B. H. The Psychology of Pain Management. Presented at the Nevada Medical Association Family Practice Conference, South Lake Tahoe, January, 2007.

Tearnan, B. H. Protocols for Pain Management. Presented to rural hospital emergency departments; Sponsored by the University of Nevada Extension Program, February, 2008.

Tearnan, B.H. Development of the LAQ: A new questionnaire for detecting deception in the chronic pain population; a validation study comparing two dissimulation groups. Presented at Pain Week Annual Conference, Las Vegas, Nevada, 2008

Tearnan, B.H. Practical Pain Management: A step by step guide to managing the difficult patient with chronic pain. Presented at The National Institute for the Clinical Application of Behavioral Medicine Annual Conference on The Psychology of Health, Immunity, and Disease, Hilton Head, South Carolina, 2008

WORKSHOPS

Title: The treatment of stress and anxiety related disorders

Participants: Mental health professionals

Location: Mendota Mental Health Center, Madison, Wisconsin

Date: February, 1985

Title: Pain Management

Participants: Nurses

Location: St. Mary's Hospital, Reno, Nevada

Summer, 1990

Title: Pain Assessment

Participants: State Industrial Insurance Nurses for No. Nevada

Location: SIIS, Carson City, Nevada

Date February, 1991

Title: Psychological Management of Chronic Pain

Participants: Members of the American Academy of Pain Management

Location: Albuquerque, New Mexico

Date October, 1992

Title: Psychological Testing of Chronic Pain Patients

Participants: Members of the American Academy of Pain Management

Location: Knoxville, Tennessee

Date: October, 1993

Title: The Use of Biofeedback in the Management of Chronic Pain

Participants: Members of the American Academy of Pain Management

Location: Las Vegas, NV

Date: September, 1997

CONSULTING ACTIVITIES

Innovative Health Solutions, Inc., A Division of Merck Pharmaceuticals, Inc.
1997 to 1998

American Academy of Pain Management.
1995 to Present

PROFESSIONAL ACTIVITIES

Board of Advisors for the American Academy of Pain Management

1998 to present

MANUSCRIPTS IN PREPARATION

Tearman, B.H. The Development of the Health and Longevity Questionnaire

REFERENCES

1. Hayden Hill, M.D.
Renown Rehab Hospital
Reno, NV
2. David Antonnucio, Ph.D.
University of Nevada School of Medicine
1000 Locust Street
Reno, Nevada
3. William Danton, Ph.D.
Clinic 4 A-D
Reno, NV
4. Steve Berman, M.D.
Sierra Pain and Spine Consultants
Reno, NV